



La Casa Loco

GLUTEN FREE MENU

appetisers

Mixed Olives v

£3.95

A dish of mixed olives with rosemary oil and herbs.

Fresh Guacamole and Tortilla Chips £4.95

Made to order guacamole, with avocado, onion, chilli, garlic and tomatoes, served with a dish of tortilla chips.

starters

Muchos Nachos

£5.45

Warm tortilla chips smothered in melting cheese and served with dollops of sour cream, guacamole, salsa and jalapenos. (Add mango salsa for 50p)

Share Nachos v

£8.95

Served same as Muchos Nachos but slightly larger with the addition of refried black beans. (Add mango salsa for 85p)

Ultimate Nachos (beef) v

£10.95

As above but for two people with the addition of chilli beef or vegetarian ratatouille.

Quesadillas

£5.95

A soft gluten free tortilla toasted on our griddle with your choice of:

- Calabacitas & Cheese (courgette, onion, garlic, tomato, sweetcorn)

- Pulled chipotle chicken & Cheese

Served with salad and sour cream

Tostadas v

A crispy corn tortilla, topped with refried beans, cheese, shredded lettuce, sour cream, jalapeños and pico de gallo with your choice of:

- Calabacitas (sliced courgettes, onion, garlic, tomato and sweetcorn)

- Chipotle pulled chicken

- Mexican Pulled Pork

£4.95

£5.50

£5.50

Chilaquiles v

£5.45

Crushed tortilla chips pan fried with salsa, cheese and your choice of:

- Homemade Pulled Pork (with orange, annato and lime)

- Calabacitas (sliced courgettes, onion, garlic, tomato and sweetcorn)

Served with sour cream and spring onions.

Mussels

£5.95

New Zealand Greenlip mussels in a half shell, grilled with cajun butter and served with a small side of Mexican rice.

Tequila Chipotle Prawns

£6.95

King prawns pan fried with garlic and chipotle chilli, doused in tequila and finished with cream. Served with a small side of Mexican rice.

Camerones

£8.50

4 large marinated king prawns cooked in their shell with cajun butter and fresh lime. Served with a small side of Mexican rice.

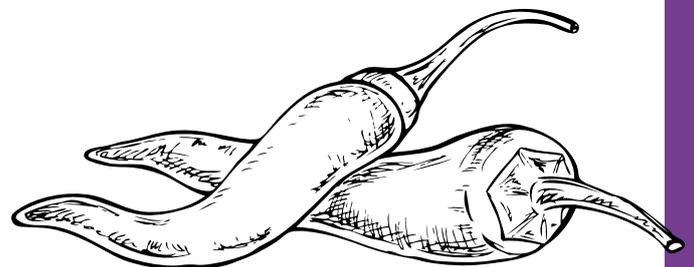
Pico de Gallo Salad

£5.95

Mixed leaves tossed with pico de gallo and a jalapeno citrus vinaigrette and your choice of:

- Avocado Chunks

- Spicy grilled chicken strips



main courses

Authentic Chilli v £12.95

Minced British beef or vegetable ratatouille chilli cooked using traditional herbs and spices. Topped with cheese, served on a bed of rice on a crispy gluten free tortilla basket. Please specify beef or vegetable.

Enchiladas – baked and soft v £12.95

A large gluten free tortilla with your choice of:

- Chilli beef

- Spicy vegetarian ratatouille

Baked in our oven and topped with cheese, sour cream and salsa. Served with Mexican rice and salad.

Sizzling Fajitas

Marinated and flash fried with bell peppers, onion and garlic. All served sizzling on a cast iron skillet with warm soft gluten free tortillas, salsa, guacamole, sour cream dips and grated cheese.

Choose from:

- Steak £14.95

- Steak and Chicken combination £14.95

- Chicken £14.25

- Duck with mango salsa and sour cream £16.95

- Chicken and Chorizo £14.95

- Vegetarian: halloumi and courgette v £12.95

- Tiger prawns and pineapple £15.95

with sweet chilli and sour cream.

Cajun Chicken Breast £14.95

A whole British chicken breast, marinated in Cajun seasoning, lightly fried and then baked in our oven and served with a creamy Creole mustard sauce, Mexican rice and salad.

Arroz con Pollo £14.95

Tender chicken strips with chorizo, mushrooms, onion, celery and peppers, white wine, cream and rice. Finished under the grill with mozzarella and served with salad.

Jambalaya Casa Loco £14.95

Cajun style paella. A classic rice dish with onions, peppers, tender chicken, chorizo sausage, yellow tailed catfish and prawns. Topped with melting cheese and finished with sour cream. Served with salad.

Burrito Bowl v £13.45

A plate filled with rice, shredded salad, Pico de Gallo, black beans, jalapenos, coriander, sour cream and a wedge of lime, with your choice of filling:

- Chipotle pulled chicken and fresh avocado

- Mexican pulled pork with mango salsa (pulled pork cooked with orange, lime and annatto seed)

- Halloumi with calabacitas (courgettes, onion, tomatoes, sweetcorn, garlic)

- Al Pastor (Annato and garlic marinated pork collar with grilled pineapple chunks) Add £2

Vegetarian Taco v £12.45

Soft gluten free tortillas served with – Calabacitas, spicy vegetarian ratatouille, halloumi croutons, cheese, refried black beans, guacamole, salsa, sour cream and shredded salad.

Tacos La Casa Loco £12.95

Soft gluten free tortillas served with – Chilli beef, chipotle pulled chicken, pulled pork, refried black beans, cheese, salsa, sour cream, guacamole and shredded salad.

Premium Tacos La Casa Loco £14.95

Soft gluten free tortillas and refried black beans, cheese, mango salsa, sour cream, guacamole and shredded salad with your choice of:

- Al Pastor (Annato and garlic marinated pork collar with grilled pineapple chunks) Add £2

Grilled Sea Bass and Tiger Prawns £17.95

Fillet of Sea Bass and whole tiger prawns cooked on fresh tomato, diced chillies and potatoes. Served on a skillet with wilted spinach and a squeeze of fresh lime.

Salmon a la Plancha £14.95

Lime and coriander marinated Salmon fillet, grilled with seasonal vegetables, served alongside our Mexican rice and a fragrant mango salsa.

Slow Cooked Feather Steak £13.95

A 10oz feather steak marinated in Tequila and chilli. Slowly cooked until it melts in your mouth then served in its own juices with the addition of a little cream and peppercorns. Served with mushrooms and either fries and salad or potatoes of the day and seasonal vegetables.

Medallions of Rump Steak £13.95

Two 4oz medallions of marinated Onley grounds Rump, cooked to your liking and served with jalapeno and coriander butter, Parmentier potatoes and green salad.

Char-grilled Sirloin £18.95

A 10oz prime Onley Grounds sirloin steak, dry aged for at least 28 days and cooked to your liking. Served with mushrooms, fries and homemade Mexican slaw.

Char-grilled Fillet £23.95

An 8oz prime Onley Grounds fillet steak, dry aged for at least 28 days, char-grilled to your liking and served like the char-grilled sirloin.

on the side

Cajun Sauce	£1.50
Guacamole, salsa & sour cream dips	65p each
Fresh guacamole (same size as above)	£1.00
Refried black beans	£1.50

Jalapenos	£0.95
Dressed side salad	£1.95
Mexican rice	£1.95
Homemade slaw	£1.95