



# La Casa Loco

## GLUTEN FREE MENU

### appetisers

#### Mixed Olives v

£3.95

A dish of mixed olives with rosemary oil and herbs.

#### Fresh Guacamole and Tortilla Chips £4.95

Made to order guacamole, with avocado, onion, chilli, garlic and tomatoes, served with a dish of tortilla chips.

### starters

#### Muchos Nachos

£5.45

Warm tortilla chips smothered in melting cheese and served with dollops of sour cream, guacamole, salsa and jalapeños. (Add mango salsa for 50p)

#### Share Nachos v

£8.95

Served same as Muchos Nachos but slightly larger with the addition of refried black beans. (Add mango salsa for 85p)

#### Ultimate Nachos (beef) v

£10.95

As above but for two people with the addition of chilli beef or vegetarian ratatouille.

#### Quesadillas

£5.95

A soft gluten free tortilla toasted on our griddle with your choice of:

- Calabacitas & Cheese (courgette, onion, garlic, tomato, sweetcorn)

- Pulled chipotle chicken & Cheese

Served with salad and sour cream

#### Tostadas v

A crispy corn tortilla, topped with refried beans, cheese, shredded lettuce, sour cream, jalapeños and pico de gallo with your choice of:

- Calabacitas (sliced courgettes, onion, garlic, tomato and sweetcorn)

- Chipotle pulled chicken

- Mexican Pulled Pork

£4.95

£5.50

£5.50

#### Chilaquiles v

£5.45

Crushed tortilla chips pan fried with salsa, cheese and your choice of:

- Homemade Pulled Pork (with orange, annato and lime)

- Calabacitas (sliced courgettes, onion, garlic, tomato and sweetcorn)

Served with sour cream and spring onions.

#### Mussels

£5.95

New Zealand Greenlip mussels in a half shell, grilled with cajun butter and served with a small side of Mexican rice.

#### Tequila Chipotle Prawns

£6.95

King prawns pan fried with garlic and chipotle chilli, doused in tequila and finished with cream. Served with a small side of Mexican rice.

#### Camerones

£8.50

4 large marinated king prawns cooked in their shell with cajun butter and fresh lime. Served with a small side of Mexican rice.

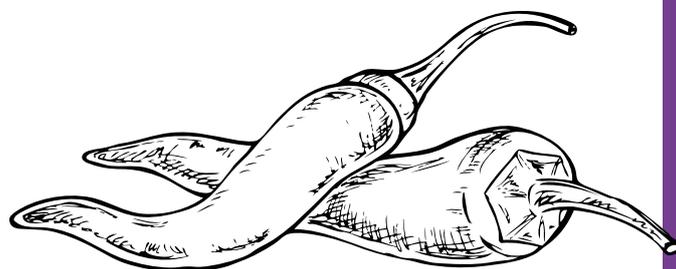
#### Pico de Gallo Salad

£5.95

Mixed leaves tossed with pico de gallo and a jalapeno citrus vinaigrette and your choice of:

- Avocado Chunks

- Spicy grilled chicken strips



## main courses

### Authentic Chilli **v** **£12.95**

Minced British beef or vegetable ratatouille chilli cooked using traditional herbs and spices. Topped with cheese, served on a bed of rice on a crispy gluten free tortilla basket. Please specify beef or vegetable.

### Enchiladas – baked and soft **v** **£12.95**

A large gluten free tortilla with your choice of:

- Chilli beef
- Spicy vegetarian ratatouille

Baked in our oven and topped with cheese, sour cream and salsa. Served with Mexican rice and salad.

### Sizzling Fajitas

Marinated and flash fried with bell peppers, onion and garlic. All served sizzling on a cast iron skillet with warm soft gluten free tortillas, salsa, guacamole, sour cream dips and grated cheese.

Choose from:

- Steak **£14.95**
- Steak and Chicken combination **£14.95**
- Chicken **£14.25**
- Duck with mango salsa and sour cream **£16.95**
- Chicken and Chorizo **£14.95**
- Vegetarian: halloumi and courgette **v** **£12.95**
- Tiger prawns and pineapple **£15.95**  
with sweet chilli and sour cream.

### Cajun Chicken Breast **£14.95**

A whole British chicken breast, marinated in Cajun seasoning, lightly fried and then baked in our oven and served with a creamy Creole mustard sauce, Mexican rice and salad.

### Arroz con Pollo **£14.95**

Tender chicken strips with chorizo, mushrooms, onion, celery and peppers, white wine, cream and rice. Finished under the grill with mozzarella and served with salad.

### Jambalaya Casa Loco **£14.95**

Cajun style paella. A classic rice dish with onions, peppers, tender chicken, chorizo sausage, yellow tailed catfish and prawns. Topped with melting cheese and finished with sour cream. Served with salad.

### Burrito Bowl **v** **£13.45**

A plate filled with rice, shredded salad, Pico de Gallo, black beans, jalapenos, coriander, sour cream and a wedge of lime, with your choice of filling:

- Chipotle pulled chicken and fresh avocado
- Mexican pulled pork with mango salsa (pulled pork cooked with orange, lime and annatto seed)
- Halloumi with calabacitas (courgettes, onion, tomatoes, sweetcorn, garlic)
- Al Pastor (Annato and garlic marinated pork collar with grilled pineapple chunks) Add £2

### Vegetarian Taco **v** **£12.45**

Soft gluten free tortillas served with – Calabacitas, spicy vegetarian ratatouille, halloumi croutons, cheese, refried black beans, guacamole, salsa, sour cream and shredded salad.

### Tacos La Casa Loco **£12.95**

Soft gluten free tortillas served with – Chilli beef, chipotle pulled chicken, pulled pork, refried black beans, cheese, salsa, sour cream, guacamole and shredded salad.

### Premium Tacos La Casa Loco **£14.95**

Soft gluten free tortillas and refried black beans, cheese, mango salsa, sour cream, guacamole and shredded salad with your choice of:

- Al Pastor (Annato and garlic marinated pork collar with grilled pineapple chunks) Add £2

### Grilled Sea Bass and Tiger Prawns **£17.95**

Fillet of Sea Bass and whole tiger prawns cooked on fresh tomato, diced chillies and potatoes. Served on a skillet with wilted spinach and a squeeze of fresh lime.

### Salmon a la Plancha **£14.95**

Lime and coriander marinated Salmon fillet, grilled with seasonal vegetables, served alongside our Mexican rice and a fragrant mango salsa.

### Slow Cooked Feather Steak **£13.95**

A 10oz feather steak marinated in Tequila and chilli. Slowly cooked until it melts in your mouth then served in its own juices with the addition of a little cream and peppercorns. Served with mushrooms and either fries and salad or potatoes of the day and seasonal vegetables.

### Medallions of Rump Steak **£13.95**

Two 4oz medallions of marinated Onley grounds Rump, cooked to your liking and served with jalapeno and coriander butter, Parmentier potatoes and green salad.

### Char-grilled Sirloin **£18.95**

A 10oz prime Onley Grounds sirloin steak, dry aged for at least 28 days and cooked to your liking. Served with mushrooms, fries and homemade Mexican slaw.

### Char-grilled Fillet **£23.95**

An 8oz prime Onley Grounds fillet steak, dry aged for at least 28 days, char-grilled to your liking and served like the char-grilled sirloin.

## on the side

Cajun Sauce	<b>£1.50</b>
Guacamole, salsa & sour cream dips	<b>65p each</b>
Fresh guacamole (same size as above)	<b>£1.00</b>
Refried black beans	<b>£1.50</b>

Jalapenos	<b>£0.95</b>
Dressed side salad	<b>£1.95</b>
Mexican rice	<b>£1.95</b>
Homemade slaw	<b>£1.95</b>