



La Casa Loco

Please specify if **Coeliac**

# GLUTEN FREE MENU

Please advise when ordering if vegetarian (V) or vegan (VG).

## Appetisers

### Mixed Olives **V**

£3.95

A dish of mixed olives with rosemary oil and herbs.

### Fresh Guacamole and Tortilla Chips

£4.95

Made to order guacamole with avocado, onion, chilli, garlic and tomatoes, served with a dish of tortilla chips.

## Starters

### Muchos Nachos **VVG**

£5.65

Warm tortilla chips smothered in melting cheese and served with dollops of sour cream, guacamole, salsa and jalapenos. (add mango salsa for 50p)

### Share Nachos **V**

£8.95

Served same as Muchos Nachos but slightly larger with the addition of refried black beans. (Add mango salsa for 85p)

### Ultimate Nachos **VVG**

£10.95

As above but for two or more people with the addition of chilli beef or vegetarian ratatouille.

### Quesadillas **V**

£5.95

Two soft 6" gluten free tortilla toasted on our griddle with your choice of:

*Cheese, salsa and jalapenos*

*Mexican pulled pork (cooked with orange, lime and annatto seed)*

### Chilaquiles **V**

£5.95

Crushed tortilla chips pan fried with salsa, cheese and your choice of:

*5 bean chipotle chilli*

*Pulled pork – cooked with orange, lime and annatto seed*

Served with sour cream and spring onions.

### Mexican Magic Mushroom **V**

£5.65

A large field mushroom baked with garlic butter, served with sour cream, topped with melting cheese and your choice of: *5 bean chipotle chilli* or *chilli beef*. Please specify.

### Mussels

£5.95

New Zealand Greenlip mussels in a half shell, grilled with cajun butter and served with a small side of Tortilla chips.

### Tequila Chipotle Chilli Prawns

£6.95

King prawns pan fried with garlic and chipotle chilli, doused in tequila and finished with cream. Served with a small side of Tortilla chips.

### Sautéed Squid and Chorizo

£6.75

Diced chorizo and sliced squid rings, sautéed and served with grilled vine cherry tomatoes.

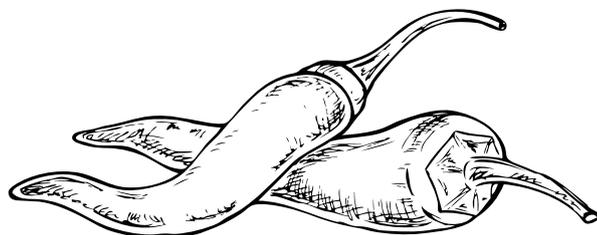
### Mexican Fireballs

£6.95

Lamb and Pork meatballs mixed with green chilli, onion, herbs and spices. Slowly cooked in our own tomato sauce, topped with mozzarella and jalapeño. Served with Tortilla chips.

## On the side

Cajun Sauce	£1.50
Guacamole, salsa & sour cream dips	65p each
Refried black beans	£1.50
Jalapenos	£0.95
Dressed house salad	£1.95
Mexican rice	£1.95
Homemade slaw	£1.95



## Main Courses

If your allergies aren't severe, some sides can be substituted for fries or wedges.  
Please discuss with a member of staff.

### **Authentic Chilli v** £12.95

Minced British beef or vegetable ratatouille chilli cooked using traditional herbs and spices. Topped with cheese, served on a bed of rice and our house salad.

### **Enchiladas – baked and soft v** £12.95

A large gluten free tortilla baked in our oven and topped with cheese, sour cream and salsa. Served with Mexican rice and our house salad.

*Chilli beef*

*Spicy vegetarian ratatouille*

### **Sizzling Fajitas v**

Marinated and flash fried with bell peppers, onion and garlic. All served sizzling on a cast iron skillet with warm soft gluten free tortillas (served in an orange pot), salsa, guacamole, sour cream dips and grated cheese. Choose from:

*Steak* £15.95

*Steak and chicken combination* £14.95

*Chicken* £14.25

*Chicken and chorizo* £14.95

*Vegetarian: halloumi and courgette* £12.95

*Tiger prawns and pineapple* £16.95

*with sweet chilli and sour cream*

### **Cajun Chicken Breast** £14.95

A whole chicken breast, marinated in cajun seasoning, lightly grilled and then baked in our oven and served with a creamy Creole mustard sauce, Mexican rice and our house salad.

### **Jambalaya Casa Loco** £14.95

Cajun style paella. A classic rice dish with onions, peppers, tender chicken, chorizo sausage, yellow tailed catfish and prawns. Topped with melting cheese, finished with sour cream and tortilla chips. Add a side of our house salad for 50p

### **Tequila Chipotle Prawns – Main Dish** £16.95

King Prawns pan fried with garlic and chipotle chilli, then flambéed in tequila, finished with cream and tortilla chips. Served with rice and house salad.

### **Burrito Bowl v** £13.65

Filled with rice, shredded salad, Pico de Gallo, refried black beans, jalapenos, coriander, sour cream and a wedge of lime, with your choice of filling:

*Mexican pulled pork with mango salsa (cooked with orange, lime and annatto seed)*

*Halloumi with 5 bean chipotle chilli*

### **Vegetarian Taco v** £12.95

Soft gluten free tortillas served with – 5 bean chipotle chilli, spicy vegetarian ratatouille, halloumi fries, cheese, refried black beans, guacamole, salsa, sour cream and coleslaw salad.

### **Tacos La Casa Loco** £13.95

Soft gluten free tortillas served with – Chilli beef, 5 bean chipotle chilli, pulled pork, refried black beans, cheese, salsa, sour cream, guacamole and coleslaw salad.

### **Grilled Sea Bass and Tiger Prawns** £17.95

Fillet of sea bass and whole tiger prawns cooked on fresh tomato, diced chillies and potatoes. Served on a skillet with wilted spinach and a squeeze of fresh lime.

### **Salmon "Agridulce"** £15.45

Fillet of Salmon oven cooked with a lime, chilli, tomato And black olive sauce. Served with julienne carrots, broccoli and Mexican rice.

### **Slow Cooked Feather Steak** £13.95

A 10oz feather steak marinated in tequila and chilli. Slowly cooked until it melts in your mouth then served in its own juices with the addition of a little cream and peppercorns. Served with a choice of three options:

Mushrooms, parmentier potatoes, wedges, vegetables, Garlic butter and salad. **Please specify.**

### **Medallions of Rump Steak** £15.95

Two 4oz medallions of marinated Onley Grounds rump, cooked to your liking and served with a choice of 3 options:

Mushrooms, parmentier potatoes, wedges, vegetables, Garlic butter and salad. **Please specify.**

### **Mad House Arroz**

Rice cooked with peppers, mushrooms, onions, celery, lime, coriander, green chilli, cream, spices, white wine and grated mozzarella finished under the grill. Served with tortilla chips and your choice of:

- *Vegetarian* £12.95

- *Cajun Chicken* £13.95

- *Marinated King Prawns* £15.95

- *Add house salad* £1.00