



La Casa Loco

Please specify if **Coeliac**

GLUTEN FREE MENU

Please advise when ordering if vegetarian (V) or vegan (VG).

Appetisers

Mixed Olives **V**

£3.95

A dish of mixed olives with rosemary oil and herbs.

Fresh Guacamole and Tortilla Chips

£4.95

Made to order guacamole with avocado, onion, chilli, garlic and tomatoes, served with a dish of tortilla chips.

Starters

Muchos Nachos **VVG**

£5.65

Warm tortilla chips smothered in melting cheese and served with dollops of sour cream, guacamole, salsa and jalapenos. (add mango salsa for 50p)

Share Nachos **V**

£8.95

Served same as Muchos Nachos but slightly larger with the addition of refried black beans. (Add mango salsa for 85p)

Ultimate Nachos **VVG**

£10.95

As above but for two or more people with the addition of chilli beef or vegetarian ratatouille.

Quesadillas **V**

£5.95

Two soft 6" gluten free tortilla toasted on our griddle with your choice of:

Cheese, salsa and jalapenos

Mexican pulled pork (cooked with orange, lime and annatto seed)

Chilaquiles **V**

£5.95

Crushed tortilla chips pan fried with salsa, cheese and your choice of:

5 bean chipotle chilli

Pulled pork – cooked with orange, lime and annatto seed

Served with sour cream and spring onions.

Mexican Magic Mushroom **V**

£5.65

A large field mushroom baked with garlic butter, served with sour cream, topped with melting cheese and your choice of: *5 bean chipotle chilli* or *chilli beef*. Please specify.

Mussels

£5.95

New Zealand Greenlip mussels in a half shell, grilled with cajun butter and served with a small side of Tortilla chips.

Tequila Chipotle Chilli Prawns

£6.95

King prawns pan fried with garlic and chipotle chilli, doused in tequila and finished with cream. Served with a small side of Tortilla chips.

Sautéed Squid and Chorizo

£6.75

Diced chorizo and sliced squid rings, sautéed and served with grilled vine cherry tomatoes.

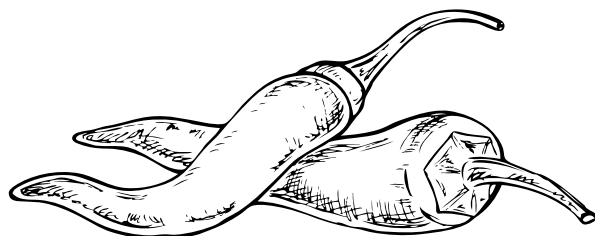
Mexican Fireballs

£6.95

Lamb and Pork meatballs mixed with green chilli, onion, herbs and spices. Slowly cooked in our own tomato sauce, topped with mozzarella and jalapeño. Served with Tortilla chips.

On the side

Cajun Sauce	£1.50
Guacamole, salsa & sour cream dips	65p each
Refried black beans	£1.50
Jalapenos	£0.95
Dressed house salad	£1.95
Mexican rice	£1.95
Homemade slaw	£1.95



Main Courses

If your allergies aren't severe, some sides can be substituted for fries or wedges.
Please discuss with a member of staff.

Authentic Chilli v £12.95

Minced British beef or vegetable ratatouille chilli cooked using traditional herbs and spices. Topped with cheese, served on a bed of rice and our house salad.

Enchiladas – baked and soft v £12.95

A large gluten free tortilla baked in our oven and topped with cheese, sour cream and salsa. Served with Mexican rice and our house salad.

Chilli beef

Spicy vegetarian ratatouille

Sizzling Fajitas v

Marinated and flash fried with bell peppers, onion and garlic. All served sizzling on a cast iron skillet with warm soft gluten free tortillas (served in an orange pot), salsa, guacamole, sour cream dips and grated cheese. Choose from:

Steak £15.95

Steak and chicken combination £14.95

Chicken £14.25

Chicken and chorizo £14.95

Vegetarian: halloumi and courgette £12.95

Tiger prawns and pineapple £16.95

with sweet chilli and sour cream

Cajun Chicken Breast £14.95

A whole chicken breast, marinated in cajun seasoning, lightly grilled and then baked in our oven and served with a creamy Creole mustard sauce, Mexican rice and our house salad.

Jambalaya Casa Loco £14.95

Cajun style paella. A classic rice dish with onions, peppers, tender chicken, chorizo sausage, yellow tailed catfish and prawns. Topped with melting cheese, finished with sour cream and tortilla chips. Add a side of our house salad for 50p

Tequila Chipotle Prawns – Main Dish £16.95

King Prawns pan fried with garlic and chipotle chilli, then flambéed in tequila, finished with cream and tortilla chips. Served with rice and house salad.

Burrito Bowl v £13.65

Filled with rice, shredded salad, Pico de Gallo, refried black beans, jalapenos, coriander, sour cream and a wedge of lime, with your choice of filling:

Mexican pulled pork with mango salsa (cooked with orange, lime and annatto seed)

Halloumi with 5 bean chipotle chilli

Vegetarian Taco v £12.95

Soft gluten free tortillas served with – 5 bean chipotle chilli, spicy vegetarian ratatouille, halloumi fries, cheese, refried black beans, guacamole, salsa, sour cream and coleslaw salad.

Tacos La Casa Loco £13.95

Soft gluten free tortillas served with – Chilli beef, 5 bean chipotle chilli, pulled pork, refried black beans, cheese, salsa, sour cream, guacamole and coleslaw salad.

Grilled Sea Bass and Tiger Prawns £17.95

Fillet of sea bass and whole tiger prawns cooked on fresh tomato, diced chillies and potatoes. Served on a skillet with wilted spinach and a squeeze of fresh lime.

Salmon "Agridulce" £15.45

Fillet of Salmon oven cooked with a lime, chilli, tomato And black olive sauce. Served with julienne carrots, broccoli and Mexican rice.

Slow Cooked Feather Steak £13.95

A 10oz feather steak marinated in tequila and chilli. Slowly cooked until it melts in your mouth then served in its own juices with the addition of a little cream and peppercorns. Served with a choice of three options:

Mushrooms, parmentier potatoes, wedges, vegetables, Garlic butter and salad. **Please specify.**

Medallions of Rump Steak £15.95

Two 4oz medallions of marinated Onley Grounds rump, cooked to your liking and served with a choice of 3 options:

Mushrooms, parmentier potatoes, wedges, vegetables, Garlic butter and salad. **Please specify.**

Mad House Arroz

Rice cooked with peppers, mushrooms, onions, celery, lime, coriander, green chilli, cream, spices, white wine and grated mozzarella finished under the grill. Served with tortilla chips and your choice of:

- *Vegetarian* £12.95

- *Cajun Chicken* £13.95

- *Marinated King Prawns* £15.95

- *Add house salad* £1.00